

# Sahanka COVID-19 ee Bulshada

**Waa maxay:** Waaxda Caafimaadka Minnesota (MDH) ayaa u samaynaysa sahamin COVID-19 si loo fahmo saameynta cudurka COVID-19 u ku leeyahay bulshooyinka Minnesota.

## Sidee loo samaynayaan:

- Sahan reerka ah
- Suufiska la soo mariyo (nasal swab) oo lacag la'aan ah (wuxuu kuu sheegayaa haddii aad hadda qabto cudurka COVID-19)
- Ka-tijaabin jir-difaaca (antibody) lacag la'aan ah (wuxuu kuu sheegayaa haddii aad horay u yeelatay COVID-19)

## Si aad uga qaybqaadato, waa inaad:

- Ku nooshahay mid ka mid ah aagagga la xushay
- Ka jawaab markay albaabkaaga yimaaddiin kooxaha sahaminta MDH (waxay wadan doonaan aqoonsi MDH)
- Oggolow sahanka iyo sambalka la qaadayo

## Waa maxay sababta ay tahay inaad ka qaybqaadato?

- Ogow haddii u ku hayo cudurka COVID-19 ama horay u kuugu dhacay
- Ka caawi waaxda caafimaadka inay si ka sii fiican u fahamto cudurka COVID-19
- Ha lagu siiyo \$20 oo kaar hadiyadeed ah

## Su'aalo ma qabtaa?

Fadlan la xiriir [health.serosurvey.c19@state.mn.us](mailto:health.serosurvey.c19@state.mn.us) haddii aad wax su'aalo ah qabto.

Booqo <https://www.health.state.mn.us> si aad u hesho macluumaad dheeri ah.



Minnesota Department of Health | [health.mn.gov](http://health.mn.gov) | 651-201-5000  
625 Robert Street North PO Box 64975, St. Paul, MN 55164-0975

La xiriir [health.communications@state.mn.us](mailto:health.communications@state.mn.us) si aad u weyddiisato qaab kale.  
(Somali)